



## Week 1 Menu

Served weeks commencing: 2<sup>nd</sup> November 23<sup>rd</sup> November 14<sup>th</sup> December 18<sup>th</sup> January 8<sup>th</sup> February

|                                   | Monday                                                                                                          | Tuesday                                                                                                         | Wednesday                                                                                                       | Thursday                                                                                                        | Friday                                                                                                          |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <b>Main Meal</b>                  | Vegetable Fingers (vg)                                                                                          | Sweet & Sour Chicken                                                                                            | Roast Chicken with Gravy                                                                                        | Pork Sausages & Beans                                                                                           | Fish Fingers                                                                                                    |
| <b>Vegetarian</b>                 | Pea & Mince Keema & Rice (vg)                                                                                   | Tex-Mex Vegetable Enchilada (v)                                                                                 | Quorn Fillet (vg)                                                                                               | Quorn Sausages & Beans (vg)                                                                                     | Cheese & Tomato Pizza (v)                                                                                       |
| <b>Seasonal Vegetables</b>        | Seasonal vegetables (vg)                                                                                        | Fluffy rice & Seasonal vegetables (vg)                                                                          | Mashed Potatoes, Gravy & Seasonal Vegetables (vg)                                                               | Mashed Potatoes & Seasonal Vegetables (vg)                                                                      | Oven Chips, Garden Peas, Baked Beans                                                                            |
| <b>Jacket Potato / Pasta Dish</b> | Pasta with Tomato Sauce<br><b>Or</b><br>Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise | Pasta with Tomato Sauce<br><b>Or</b><br>Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise | Pasta with Tomato Sauce<br><b>Or</b><br>Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise | Pasta with Tomato Sauce<br><b>Or</b><br>Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise | Pasta with Tomato Sauce<br><b>Or</b><br>Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise |
| <b>Desserts</b>                   | Chocolate Cookie (v)                                                                                            | Banana Tray Bake with Custard (v)                                                                               | Jelly with Mandarins (vg)                                                                                       | Pear & Chocolate (v) Sponge                                                                                     | Famous Fruity Friday                                                                                            |

### AVAILABLE DAILY:

*Either* Pasta with Tomato & Basil Sauce *or* Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise

Choice of Freshly Baked Bread, Salad Bar, Fresh Fruit, Fruit Yoghurt, Jelly and Water.